

MAKE ROOM *FOR WELLBEING*



LURE
HOTEL & SPA

LURE HOTEL & SPA
TREATMENT LIST


DEE SPAS
WELLNESS

SIGNATURE BODY TREATMENTS



DEE SPAS
LURE HOTEL & SPA

STRESS BUSTER MASSAGE**50 / 80 MINUTES €95 / €120**

Full body massage which combines a medium pressure soothing and flowing movements to provide desired results.

CANDLE OIL MASSAGE**50 / 80 MINUTES €90 / €120**

As the candle slowly burns, aromatic oils are released and gently poured onto the body. Using slow massage movements this treatment heightens your sensations providing you with a truly exquisite spa experience.



DEEP MUSCLE RELAXATION MASSAGE
50 / 80 MINUTES €100 / €120

A massage which eases muscle tension, boosts circulation, and improves mobility. It targets the area of concern and works therapeutically into deep muscle layers.

RELAXING BACK MASSAGE
20 MINUTES €45

Discover the virtues of this deeply relaxing, warm oil massage. By focusing on muscles in the back, neck and shoulder blades, this treatment releases built-up tension, providing a feeling of total relaxation.





REVITALIZING LEG MASSAGE
20 MINUTES €45

A moment entirely dedicated to relieving tired legs. This toning and stimulating massage use energizing oils to improve circulation and lymphatic flow. Your legs are instantly refreshed, feeling light and revitalized.

HOLISTIC BODY TREATMENTS



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HOT STONE FULL BODY MASSAGE

50 / 80 MINUTES €95 / €120

The ancestral healing treatment uses hot stones placed on meridians and energy points of the body, providing a deep relaxation and a symbiosis between body and mind.

REFLEXOLOGY

20 / 50 MINUTES €45 / €90

Holistic therapy which by stimulation of the reflexes on the feet reduces stress, improves circulation, relieves tension, gives a deep feeling of relaxation and balances energy throughout the body by stimulating its own healing power.

MUMMY TO BE MASSAGE

50 / 80 MINUTES €80 / €110

Unwind and let go of the physical and emotional demands of pregnancy. Using a blend of pregnancy approved oils to bring about calmness, this gentle massage will ease any discomfort and reduce swelling. This massage focuses on the face, head, neck, shoulders and feet.

SCRUB & WRAP EXPERIENCES



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DETOXIFYING EUCALYPTUS & SEAWEED WRAP

45 MINUTES / €60

A full-body mud wrap, enriched with detoxifying seaweed and eucalyptus extracts which leave the skin feeling fresh and deeply cleansed. A relaxing pressure point head massage that eases muscle tension and promotes a deep sense of calm is done while your skin is absorbing the benefits of the wrap.



COCONUT & COFFEE SCRUB

45 MINUTES €55

This scrub is made from a secret combination of natural ingredients including coconut, coffee and chilli extracts. When applied, it heats the body targeting areas that retain fluid such as the tummy, waist and thighs. A relaxing pressure point head massage that eases muscle tension and promotes a deep sense of calm is performed while your skin benefits from the nourishing oils in the scrub.

HOLISTIC BODY TREATMENTS



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ABHYANGAM**50 / 80 MINUTES €90 / €120**

‘Abhyangam’ is a Sanskrit word which means oil application. A luxurious full body massage using a warm blend of herbal oils tailored to your individual needs. The treatment helps build tissue strength, improves blood circulation, rejuvenates the whole body whilst reducing stress and removing toxins.

**AYURVEDIC BACK MASSAGE****20 / 45 MINUTES €45 / €65**

A massage combining a specialised blend of warm, medicated, Ayurvedic oils used to relieve muscle tension from the back, shoulders and neck.

AYURVEDIC HEAD MASSAGE**20 MINUTES €40**

A complete massage of the head, neck and shoulders using Ayurvedic oils which deeply condition your hair follicles and scalp. Balancing your central nervous system and creating a deep sense of clarity, this ayurvedic head massage is a truly incredible experience that ensures you're left feeling relaxed and rejuvenated.

FACE TREATMENTS



Experience inner peace and physical wellbeing. Using unique signature blends of ingredients and a fusion of holistic therapies our body experiences relieve tension and uplift your spirits.

PURIFYING FACIAL**50 MINUTES €85**

Young problematic skin requires intense and specialised care to treat blemishes, redness, inflammation and congestion. This facial focuses on cleansing and enriching the skin leaving it feeling smooth and radiant.

RADIANCE ANTI-AGEING RENEWAL**80 MINUTES €95**

Using lifting massage techniques which stimulate collagen production, this moisture intensive facial nourishes the skin and leaves it feeling firm and plump. A truly luxurious facial that will take you on a journey of rejuvenation and radiance.

A JOURNEYMAN'S FACE TREATMENT**80 MINUTES €95**

This treatment starts off with a de-stressing back massage to relive muscle tension followed by a deep cleansing facial using a combination of products formulated especially for men.

EXPERIENCES BY DEE SPAS



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A MOMENT OF CALM

2.5HRS €350 PER COUPLE

- Volcanic Hot Stone Full Body Massage
- Honey & Sugar Body Scrub
- Signature Facial
- Pressure Point Foot Massage
- Glass of Prosecco & Chocolates
- Use of Spa Facilities

JUST US

55 MINUTES €200

- Couple Duet Massage
- Head Massage
- Glass of Prosecco
- Use of Spa Facilities

MUCH NEEDED 'ME'

45 MINUTES €80

- Back, Neck & Shoulders Massage
- Pressure Point Head Massage
- Glass of Prosecco or a Herbal Tea Infusion

UNWIND & LET GO

80 MINUTES €100

- Signature Full Body Massage
- Radiance Facial
- Glass of Prosecco
- Glass of Prosecco or a Herbal Tea Infusion



ADDITIONAL *TREATMENTS*



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LUXE MANICURE

50 MINS - €45

Give your hands and nails a luxurious pampering session which includes trimming, shaping, cuticle care, cleansing, exfoliation, mask, intense moisturizing cream and application of nail polish.

LUXE PEDICURE

50 MINS - €55

Give your feet a treat with this soothing pedicure which includes: a relaxing foot bath, exfoliation, mask, foot and leg moisturisation, expert trimming, cuticle removal, shaping and application of nail polish.

DELUXE DUO COMBO

120 MINS - €100

Why choose between a manicure and a pedicure? Spoil yourself and double up with the Deluxe Duo Combo.



OTHER SPA SERVICES

Express Manicure	30 minutes	€30
Express Pedicure	30 minutes	€35
Gel Polish Add On		€15
Eyebrow Shaping		€10
Eyebrow Tint		€10
Eyelash Tint		€10
Upper Lip Wax		€10
Underarm Waxing		€10
Half Arm Wax		€15
Full Arm Wax		€20
Half Leg Waxing		€20
Full Leg Waxing		€30
Full Leg Waxing & Bikini Line Waxing		€35
Bikini Line Waxing		€20
Back Or Chest		€25

EMBARK ON A *SPA JOURNEY*

Your wellbeing journey starts with a consultation where we understand your overall needs. We will select the best mix of therapies for you paired with signature aromatherapy blends and some of the most exclusive beauty brands available. Our expert therapist will design a tailored journey improving your long-term holistic wellbeing.

6 SESSIONS

25 minutes	€250
55 minutes	€550
85 minutes	€700



DEE SPAS
WELLNESS

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